Happy Days
Life Group Agenda for July 14th - 20th, 2019

**WELCOME** *(5 minutes)* - Welcome everyone. This is a time for us to focus inward on our relationships with one another. *Share the Goals and ONE Guideline at this time.*

**Ice-Breaker** - Go around the group and let everyone answer the following question:
1. What is one thing you did in the last four weeks that brought you joy?

**WORSHIP** *(10-15 minutes)* - This is a time for us to focus upward on our relationship with the Lord. Prepare a creative worship time that can be enjoyed by children, teens, and adults. You will release the children to Kids’ Slot time after the worship.

**WORD** *(40 Minutes)* - Read Genesis 27:1-45

**LEADER:** Attached are the sermon notes to use as a reference. This can help with additional Scriptures, you and your Life Group might like to look up or questions. [Click HERE to access this week’s sermon notes.]

2. What were Isaac’s instructions to Esau? What were Rebecca’s instructions to Jacob?
3. Why do you think Jacob and Rebekah came up with a plan to steal Esau’s blessing?
4. Jacob’s selfishness caused Esau to want to kill him, and made him leave his home. How has your own selfishness impacted your life?
5. How would you feel if you were in Esau’s place?
6. What has caused you to become angry or upset in the past?
7. Jacob’s deceitful actions affected all of the relationships in the story, how has deceit or treachery affected the relationships you’ve been involved in?
8. When you’ve faced deception in the past how do you typically respond?
9. How do you make things right when you are the offender instead of the offended?
10. **READ Ephesians 4:26-27.** What do these verses tell us to do in regards to our anger? What are some positive/healthy ways to release your anger or frustrations?

**WITNESS** *(25 Minutes)*

**BREAKOUT LEADERS:** Remember that the BREAKOUT is intended to cultivate transparency, accountability, and relationships that can later serve as a pathway for ongoing equipping and discipleship. *Identify and recruit prospective leaders in advance.* You should consult the Goals and Guidelines for Breakout Leaders to help you identify, as well as, prepare future BREAKOUT and multiplication Leaders.

**Overcoming Our Struggles with Anger Requires:**
- Remembering the COST of anger
- Reflecting before REACTING
- Releasing our anger APPROPRIATELY
- Reprogramming our MIND
- Relying on GOD’S HELP
Break into smaller, like-gendered groups of 3-4. Address the following questions:

- What is a significant truth that you have learned or been reminded of today?
- Is there someone in your life that you are currently angry or upset with? How can you begin to forgive or fix it?
- How can we help support you, encourage you, or hold you accountable this week?
- How else can we pray for you this week?

FOR CHILDREN-FRIENDLY GROUPS: Invite the children back to join the group and ask them what they learned, then pray together, as a group. (Don’t forget to ask the children to pray and/or to share their prayer requests!)

CLOSING (5 minutes)

- Start the new Life Group Semester well and share the Life Group Ministry! Pass around a notebook or paper and ask people to sign-up for:
  - Facilitating the discussion
  - Preparing the worship time
  - Ministering to the children
  - Bringing the drinks or snacks
  - Have Break-out Group Facilitators
  - Reading the Goals and ONE Guideline
  - Hosting Life Group in August OR something that you Life Group needs!
- Pray for the Dominican Republic Mission Team as they reach people for Jesus this week!
- **I Want to KNOW** is happening at a campus near YOU! Has everyone in your Life Group had the chance to hear the vision and mission of Celebration Church, as well as, the time to meet and share their story with their pastor? Great time to take that NEXT step!
- Team Weekend is **July 27th and 28th**! This is a great time to help Life Group members get connected to serving opportunities at your campus. Save the date!