

TALK IT OVER

Key Scriptures

Blessed is the one whose transgressions are forgiven, whose sins are covered. Blessed is the one whose sin the Lord does not count against them and in whose spirit is no deceit. When I kept silent, my bones wasted away through my groaning all day long. For day and night your hand was heavy on me; my strength was sapped as in the heat of summer. Then I acknowledged my sin to you and did not cover up my iniquity. I said, "I will confess my transgressions to the Lord." And you forgave the guilt of my sin. Therefore let all the faithful pray to you while you may be found; surely the rising of the mighty waters will not reach them. You are my hiding place; you will protect me from trouble and surrounding me with songs of deliverance. I will instruct you and teach you in the way you should go; I will counsel you with my loving eye on you. Do not be like the horse or the mule, which have no understanding but must be controlled by bit and bridle or they will not come to you. Many are the woes of the wicked, but the Lord's unfailing love surrounds the one who trusts in him. Rejoice in the Lord and be glad, you righteous; sing, all you who are upright in heart! (Psalm 32)

For all have sinned and fall short of the glory of God. (Romans 3:23)

Whoever conceals their sins does not prosper, but the one who confesses and renounces them finds mercy (Proverbs 28:13)

If we confess our sins, he is faithful and just and will forgive us our sins and purify us from all unrighteousness (1 John 1:9)

More Scripture

Psalm 103:12

ICE BREAKER

What's the best movie you've seen in the last 3 months?

Start thinking. Ask questions to get your group thinking.

- What was one (or two things) that stood out to you during this past Sunday nights message? (**Everyone has sinned, Confession brings healing and we can rejoice**)
- **Read Psalm 32.** According to this Psalm, who is blessed? What happened to the Psalmist (the writer) whenever he 'kept silent'? What happened when he finally confessed? What was the result of being forgiven? Do you feel like you can relate to the Psalmist and what he is writing? How so?
- **Read Proverbs 28:13.** What happens when we conceal (or hide) our sins? What happens when we confess (admit and tell) our sins? What are some reasons why, in your opinion, we don't confess our sins? (**LG Leader: Use this as an opportunity to relate to how your group responds to why they don't confess. Share a personal story of how confession has brought healing to your life.**)
- Stephen referred to being 'raw' before the Lord on Sunday Night when talking to the Lord. Have you been 'raw' in your confessions before the Lord? Have you been 'raw' in your confessions to your accountability partners? What are some of the reasons we may not want to be 'raw' before the Lord and/or accountability? (**LG Leader: This is a great time to talk about accountability and the power of having those people in your life that you can be 'raw' with. If someone says they don't have that, encourage them with a personal testimony.**)
- **Read 1 John 1:9.** What promise is given in this verse? Do you believe that promise? What are some practical steps you can take to make confession a part of your life? (**Answer: Confess immediately, Confess even when thinking about sinning and before it happens, Be intentional with accountability, etc..**)

**** LG Leader: Break Out Group Time is going to be key for this week. Pray ahead of time for there to be honest confession and healing taking place in your group this week!**

Start praying. Be bold, and pray with power.

BREAK OUT QUESTIONS

- What is the Holy Spirit saying to you through this message?
- Is there anything that anyone would like to confess?
- After knowing what you learned tonight, what needs to change in your life?
- How can we pray for you today?